

September 11, 2017.

To Whom It May Concern:

I am pleased to write a letter of recommendation for Vivian I xx . Vivian was a wonderful help to me over the past 7 weeks as I settled into my role as a new mother.

Vivian is a very kind, understanding and patient person who could anticipate my every need. She has a pleasant manner that makes her very easy to get along with. She knew when I needed help and provided me with immediate support, especially with breast feeding. She is very conscientious and hard working. She was very caring and loving toward the baby and the baby responded well to Vivian's calm manner. She showed genuine concern for us. For example, we had a TB during her time with us but she came knowing that I needed help. She also dropped in on her day off to make sure that I was okay.

Vivian is very organized. She came prepared to make the most nutritious meals for me. She created sheets to help me record important information and she helped me to establish a routine with the baby. I found all of this to be extremely important in giving me the confidence to move forward on my own to take the best care of my child.

Every day Vivian did a series of exercises, activities and games with the baby to help with physical development, movement, and mental stimulation. She knows a great deal about the needs of the baby. She showed me some things to do to help with the baby's digestion, which made for a happier baby.

Vivian is an excellent cook. I enjoyed eating every meal she prepared for me. She is very knowledgeable about nutrients and made sure that I was getting a good balance of foods and herbs to help me to restore my body and stay healthy.

I highly recommend Vivian and I am certain that any family would be lucky to have Vivian care for them. Thank you for the opportunity to speak on Vivian's behalf. Please feel free to contact me if you have any questions.

Sincerely,

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