

# Recommendation Letter for Ms. Ching XX XX

2 April 2019

Client: XXX & XXX Huang

Full name 陪月程

Employed from: 16 January to April 2019

During Ms. Ching XX XX's time with our family her main duties consist of:

- Care taking of my wife (the mother of the newborn) ranging from **planning meals, preparing ginger herbal water for bathing**, to advising on food and beverages that will **enhance the recovery** and those that to avoid during the confinement period
- **Supporting my wife** in navigating various aspects of care taking of the new born, from **bathing, breastfeeding**, skincare, to **changing diapers**
- **Look after the newborn during the day** to ensure the mother has time to recuperate rest in daytime with a peace of mind
- Teaching me and the domestic helper the steps and recipe of various dishes that suit my wife's recovery need during and after the confinement period
- **Provide my wife and me guidance and support** throughout 2.5 months of confinement period over various aspects of parenting and recovering

Appraisal of Ms. Ching XX XX

Ying brings with her a deep well of knowledge and experience, combined with her naturally compassionate and thoughtful personality, **she has made a recovery process that would have been painful into an unforgettably joyful vignette of our lives.**

Deep Knowledge in Postnatal Care for Both Mother and Newborn

Ms. Ching is always extremely reliable when it comes caring newborn. She has an almost magical pair of hands: **every time when she puts the baby in her arms, the baby will always fall asleep within seconds.** We believe infants have an instinct in sensing safety and danger, and we took that as a reflection that **Ms. Ching is someone that even babies would trust.** She patiently taught us how to bath the newborn and what to pay attention to in terms of breastfeeding. Under her care, the newborn had grown healthily and happily, **going from being at the 20<sup>th</sup> percentile in weight and length to now standing at approximately 95<sup>th</sup> percentile within a month's time.**

Authentic Personal touch

Ying is **very systematic and organized**, and her structure provided us the much needed stability during an adjustment period that could have been very chaotic. But what made her a standout confinement lady is that she would also assess both the physical and psychological need of my wife before finalizing the plan for the day. For instance, there are days where she would switch menus after **assessing the way my wife's body is adjusting** to the ginger pork vinegar stew or ginseng soup. There are **days where she would reshuffle her work**

**schedule of the day to make time and chat with my wife to help her through post-natal stress and worries.** In that regard, she was like a long-lost family member to us.

#### Exceptional Culinary Skills

Everyday Ying brings to the table new and delicious meals. She persistently choose only fresh produce and fresh meat (as opposed to frozen chicken or pork meat) in the interest of our well-being. **My wife used to resent fish dishes, yet somehow she couldn't stop requesting for Ying's special steam fish.** Desserts at restaurants pale in comparison to what she casually whip up on a daily basis. She has an exceptional sense and taste for food that within days from the onset we knew we could trust her with deciding our menu for the entire confinement period. Her meals are **simply gastronomic pleasures.**



We are immensely grateful for her presence and gentle support. I can only wish every new parents had the fortune of having you as their confinement lady like we did. If you have any questions regarding Ms. Ching's candidacy for your confinement needs, please do not hesitate to reach out to us.

Sincerely,

XXX & XXX

Huang